

Community First New Forest

Newsletter



Winter 2011

...building relationships, enabling action

Community First New Forest Supporting the Voluntary and Community Sector

Some examples of how we could help you...

- Support with identifying and applying for funds
- Information and guidance on setting up groups
- Help with finding volunteers
- Supporting you with more complex issues, such as constitutions, becoming a registered charity
- Training on a wide range of issues
- Linking you to other services which can provide additional support
- Promoting your activities through our quarterly newsletter
- Organising Criminal Records Bureau checks

Becoming a member...

In addition to these examples, as a member of Community First New Forest you will be entitled to hire mini-buses from our Community Transport team, have access to qualified mini-bus training, receive our Quarterly newspaper full of useful updates and information and have access to our other resources / equipment. Full details are available on request.

Enquiries...

Telephone

Community Development Team, Volunteer Centre, Community First New Forest Administrator - please call 01425 482773

Email

General enquires: admin@cfnf.org.uk

Fax

01425 482666

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Community First AGM 29 November 2011

We extend our thanks to all our members who attended our recent AGM. Eight organisations exhibited stands and presentations were given by Simon Says and It's Your Choice. These were extremely interesting and informative and much appreciated. Two volunteers from Community First, Jo Leigh, a young person who has used the Nightstop Service and Jim Lockwood, a volunteer driver for the Call & Go service gave an insight in to their experiences. Thank you also to Lyndhurst Community Centre for a superb venue and much enjoyed buffet lunch.

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Disclaimer

Community First New Forest reserves the right to edit articles for use in its newsletter.

Articles included in this issue are not necessarily the views of Community First New Forest.

Members

We extend a warm welcome to the following groups who have become members in the last few months:

Pembridge House Sheltered Housing
British Red Cross
New Milton Rotary Club
KIDS New Forest Youth Club
Common Ground (New Forest)
Milford on Sea Conservation Volunteers (MCV)

Online Shoppers can now raise money for Community First

Do you shop online at Marks & Spencer, Amazon and other well know retailers? Well now you can raise money for Community First by using the easygiving website. Featuring over 2000 of the UK's most popular retailers, easyfundraising has already helped UK charities raise over £2.6 million. As well as raising funds, the free to use website also gives shoppers access to hundreds of offers, discounts, vouchers and free delivery codes that they won't find elsewhere.

Michael Clowes, Chief Executive from Community First New Forest is keen for as many people as possible to sign up, "In the current financial climate we know that every penny counts so we're not asking people to donate, just to shop online as they normally would. Almost all of us shop online these days so what could be easier than raising funds simply by making the purchases you make anyway?"

To support Community First New Forest, visit <http://www.easyfundraising.org.uk/causes/cfnf> and follow the instructions.

Health and Wellbeing – Supporting Breastfeeding

Why should employers support breastfeeding?

As well as there being certain legal obligations to breastfeeding mothers, supporting breastfeeding has business benefits. These include:

- reduced absence due to child sickness (breastfed babies are generally healthier)
- increased staff morale and loyalty, and a subsequent higher rate of return to work.
- lower recruitment and training costs; and
- an extra incentive to offer potential employees.

How can employers help?

Employers can have a policy to support breastfeeding that includes:

- a break allowance so that mothers can express milk.
- provision of a clean, warm and private room (not the toilet) for expressing.
- a fridge to store expressed milk.
- flexible working hours for breastfeeding mothers.

Why is breastfeeding so important?

- Both the World Health Organisation (WHO) and the Department of Health recommend that all babies should be exclusively breastfed for the first six months of life with continued breast feeding along with appropriate complementary foods up to two years of age or beyond.
- Significant reductions in the following in babies who were breastfed: ear infections, asthma, eczema, respiratory infections,

gastro-intestinal infections, childhood diabetes, urinary tract infections (NICE— National Institute for Health and Clinical Excellence).

- Lower risk of maternal osteoporosis, breast and ovarian cancer (NICE).
- Long term effects: babies who were breastfed more likely to have lower blood pressure, lower total cholesterol levels (WHO).

As a local voluntary/community group please consider how you could support this. For more information please see:

- Health and Safety Executive leaflet – ‘A guide for new and expectant mothers’ (available via the HSE website).
- NHS leaflet – ‘Breastfeeding and Work’ (available via the NHS website).
- Example policies that can be adapted to local use can be found at: <http://live.unicef.org.uk/babyfriendly/>

Need childcare?

Hampshire Childcare and Family Information Team help!

For information about childminders, day nurseries, pre-schools, playgroups, out-of-school clubs and holiday play schemes in Hampshire, contact the Hampshire Childcare and Family Information Team on 0845 603 5620
Monday - Friday: 8.00am - 8.00pm
Saturday: 9.30am - 4.00pm
or visit www.fid.hants.gov.uk
Email: childrens.services@hants.gov.uk

Is it just for the under 5s?

No. Childcare services across the county cater for children aged 0 – 14 years (16 for children with additional needs). You can be sure Ofsted registered childcare providers are trained and are sensitive to the needs of individual children including those experiencing difficulties.

How can I afford it?

The Childcare and Family Information Team (Cfit) can point you in the direction of services to help pay for childcare, such as free early years education for children aged three and four, help for lone parents, teenage parents, working parents or students. Information is available on schemes such as Working Tax Credit, Care To Learn, New Deal and childcare vouchers.

What if I can't find the right childcare for my child?

Occasionally you may struggle to find an appropriate carer for your child for a variety of reasons. For example your child may have a specific additional need or physical disability that needs to be catered for; perhaps there is no one you can find locally who seems willing or able to cater to these needs.

In these instances your local dedicated Cfit outreach worker will be able to step in. They have helped families experiencing all sorts of problems and as it's a tailor made brokerage service the outreach worker will talk you through the options and do whatever they can to help find the right childcare for you and your child.

If you need help please ring 0845 603 5620 or visit www.fid.hants.gov.uk
Email: childrens.services@hants.gov.uk

Pension Credit Toolkit

This toolkit has been developed to help pensioners to be better off. It includes details about Pension Credit to make sure you know everything that you need to know to help explain Pension Credit to pensioners. So, whether you want some quick information or some tools to help you talk to pensioners, you can find it in **My toolkit**.

Who is My toolkit for?

My toolkit is for anyone who works or volunteers with pensioners. You can use it to help older people understand how they can get extra money every week.

You can do this by

- building understanding in your organisation
- helping your customers to find out if they might be eligible

Once you've got the facts at your fingertips, you can encourage pensioners to find out if they're eligible for Pension Credit.

My toolkit contains:

- guides to help you understand Pension Credit so that you can explain it to pensioners
- a simple question and answer page about Pension Credit
- details of the common reasons why pensioners don't claim Pension Credit and how you can challenge these
- ideas about setting up events to promote Pension Credit to pensioners
- examples of case studies and tools to help you make your own
- useful contacts and websites

For more information visit <http://www.dwp.gov.uk/pension-credit-toolkit/>

Hampshire and Isle of Wight Community Foundation Surviving Winter Campaign

The Surviving Winter Fund has been created to help anyone over 60 years old in Hampshire and the Isle of Wight who cannot afford to heat their home and maintain a reasonable standard of living during the winter.

There are many inter-related factors which will influence how each individual is affected by the cold weather, including their income, housing type and quality, cost of fuel, isolation and underlying health conditions.

The aim of this fund is to ensure that pensioners who struggle with the cost of winter can survive the winter with a reasonable level of comfort and dignity. This process is designed to balance the need to be sure the funds go to people in genuine need of help with the need to keep the process as light-touch as possible. Above all, we are relying on you to use your local knowledge to make judgements and we are grateful to you for helping us to make these funds available to elderly people who need help this winter.

Eligible individuals will be either:

- Those whose only income is the state pension (with or without pension credit) or
- Those who you believe will struggle to afford to heat their home adequately and/or maintain a reasonable standard of living this winter (which should be explained and evidenced within reason).

They must also be:

- over 60
- resident in the County of Hampshire (including Portsmouth and Southampton) and the Isle of Wight.

The applicant must be either well-known to the assessor through their work with the organisation, or they must provide evidence of their identity, preferably photo id, and a recent utility bill. A representative of the organisation providing the grant will fill out the application form and it will be countersigned by a member of the management committee or a trustee.

The usual payment should be £125. However, in exceptional circumstances an award of £250 may be made. Such circumstances may include:

- The applicant lives in a 'hard to heat' home eg solid walled property or a property with poor insulation
- The applicant has a chronic underlying health condition, particularly respiratory or coronary
- The applicant is over 80 and/or is isolated (socially or geographically)
- The applicant depends on heating oil, solid fuel, or does not have central heating.
- The applicant is eligible for pension credit but does not claim or receive it.

This is not an exhaustive list. You can use your discretion but you should record why you have decided to award a higher amount. For further information contact Debbie Charlton at Hampshire and Isle of Wight Community Foundation on 01256 776109 or Toni Shaw on 01256 776127.

The Home Heat Helpline campaign



November saw the launch of this year's Home Heat Helpline campaign. The main focus of the campaign is to encourage people to call the Helpline if they are worried about paying their energy bills this winter.

The challenge

Many millions across the UK are missing out on easy ways to save on their energy bills. New research commissioned by the Home Heat Helpline reveals that one in ten British households are not claiming the help they are entitled to.

The challenge faced is that many people don't ask for help because they don't know they may be eligible or they may be too embarrassed or proud to seek help.

The campaign

Dragons' Den star Hilary Devey recently launched the campaign to urge people to call the helpline to see whether they are entitled to help with their energy bills this winter.

While she's now well-known as a high-powered and successful businesswoman, Hilary came from humble beginnings. As a young single mother in Bolton, she struggled to pay her fuel bills and to keep her family warm, and as a result is committed to helping others to get the support they need and are entitled to.

Hilary also raised awareness about the Helpline amongst MPs at an event held at Westminster on 8 December, so they can pass on the information about their Helpline to their constituents.

The key aim of the campaign is to get those people who need help with paying their fuel bills, or know someone who needs help, to call the Home Heat Helpline number - **0800 33 66 99**.

This is a free service that provides independent advice to people on low incomes on how to get help with their gas and electricity bills, including grants for insulation and new boilers, discount or rebate schemes, and other help with keeping warm. People can also access the service online by visiting www.homeheathelpline.org.uk.

- One in ten UK households are entitled to some form of support with their energy bills. That help is worth an average of £250 for each household.
- If people are struggling to pay fuel bills, or are worried about staying warm this winter, they should call the Home Heat Helpline on 0800 33 66 99. The Helpline is open 9am-6pm Monday to Friday.
- Since it was set up in 2005, over 200,000 people have been helped from across the UK.
- Friendly expert advisers give callers clear information on the grants, benefits and payment schemes people may be entitled to as well as advice on how to make your home more energy efficient.

Help is at hand to switch to digital TV



TV is switching to digital all over the UK and in 2012 the traditional TV signal will be switched off in the Meridian region. If you don't have digital TV by the time of switchover, you will lose your TV channels.

The BBC-run Switchover Help Scheme is concerned that no-one is left with a blank screen after the switchover and offers practical help for older and disabled people to convert one TV set to digital, including installation of the easy-to-use equipment, a demonstration of how to use it and 12 months of aftercare service including a free helpline.

Eligible people have been sent a Help Scheme information pack through the post explaining the help available. Most people will be asked to pay £40 towards the standard option of help.

You are eligible for the Help Scheme if you:

- are aged 75 or over, or
- live in a care home (for six months or more), or receive (or could get):
- Disability Living Allowance (DLA), or
- Attendance or Constant Attendance Allowance, or Mobility Supplement, or
- are registered blind or partially sighted

The helpline number is 0800 40 85 900 or contact Debbie Grace at Community First New Forest on 01425 482773

Supporting Youth Work

Since 1942 Youth Clubs Hampshire and Isle of

Wight (YCHLOW) has been providing a continuous service across the wider-Hampshire area supporting young people, youth work, youth workers and youth organisations.

It has supported fledgling youth organisations during their critical start up process as well as enabling more established projects to develop further what they are able to offer the young people they serve. Each situation where an organisation may need support is likely to be different and a package can be tailored to meet the needs of many different organisations.

Examples of the different types of support that can be provided for your organisation:

- Professional Supervision of youth work staff
- Line Management of youth work staff
- Recruitment and Employment of youth work staff on your behalf
- Co-delivery partnership
- Full service management of an individual project
- Full service management of multiple projects
- Staff training and development

The Starting From Scratch Programme aims to provide comprehensive support for local groups wishing to start a new youth club, group or project.

YCHLOW will work alongside groups to help ensure that a solid foundation is created on which to base its work with young people. This includes looking at a range of different areas including needs analysis, sustainability, safeguarding, training, funding, recruiting, staffing and volunteers and programme development. For more information Tel. 01962 852307 or email ce.ychiow@gmail.com www.ychiow.org.uk

Healthcare Travel Costs Scheme

It may be possible to claim a refund under the 'Healthcare Travel Costs Scheme' (HTCS) of the cost of travelling to hospital or other NHS premises for NHS-funded treatment or diagnostic test arranged by a doctor or dentist.

To qualify for help with travel costs under the HTCS, the applicant must meet three conditions:

1. At the time of their appointment, they or their partner (including civil partners) must be receiving one of the qualifying benefits or allowances, or meet the eligibility criteria of the NHS Low Income Scheme.
2. Their journey must be made to receive NHS-funded non-primary medical or non-primary dental care services, to which they have been referred to by a GP, dentist or hospital consultant.
3. For referrals made by a GP or dentist, the service must be provided on a different day and in premises other than those occupied by the GP or dentist who made the referral.

They can claim travel costs for their children if the criteria is met. Any young person aged 16 or over may make their own Low Income Scheme claim – visit <http://www.nhs.uk/NHSEngland/Healthcosts/Documents/2009/HC11Nov09.pdf>.

They can claim travel costs for an escort, if their doctor/dentist/consultant says that for medical reasons they need someone to travel with them.

They **cannot** claim help with travel costs, if:

- they are visiting someone in hospital. However, visitors in receipt of one of the

qualifying benefits may be able to receive assistance in the form of a Social Fund payment. Further information about this assistance can be obtained from Jobcentre Plus offices

- they are visiting your local GP or dentist for routine primary care services, such as check-ups, vaccinations, cervical cancer screening or minor surgery, as these are excluded from the scheme. Urgent primary care services during the out of hour periods (i.e. between 6.30pm and 8.00pm weekdays, at weekends or on bank holidays) are also excluded.

Go to <http://www.nhs.uk/nhsengland/Healthcosts/pages/Travelcosts.aspx> for more details

Employment Tribunal Statistics

The annual report for 2010/2011 Tribunal has now been published. The implication is that it is definitely worth an employer having sound, robust procedures for handling staff issues and situations. Please contact Community First on 01425 482773 if you require advice on this.

While down from last year, there were still a hefty 218,100 claims accepted at Tribunal. The majority of these were related to unauthorised deductions of wages and also the Working Time Directive. However, a substantial number were still related to unfair dismissal and dismissal procedures in particular. In addition, there were over 23,000 claims related to redundancy pay and redundancy procedures (failure to inform and consult).

Source: BVS Newsletter November 2011

There's a new Handyman in town!

Geoff Fagan has recently been recruited as the new Technician for the Small Repair Service run by Community First New Forest.

In addition Sue Perrin has also recently been recruited to administer the service and work in partnership with Geoff to ensure the service is run efficiently and effectively to meet customer needs. Sue says, "My background is within the social care field and before joining Community First New Forest I helped run a Shopmobility Scheme in Southampton supporting people to access the wider community. I'm excited to be a part of such a valuable service and am very keen to raise its awareness in order for as many people as possible to benefit from it."

Both new staff join Community First with a wealth of knowledge and experience – Geoff has 25 years experience in the construction and building trade having been a partner in his own business. Geoff decided he wanted to put his skills to good use in the community and is really enjoying his new role working with clients in their homes.

Sue and Geoff are a credit to the organisation and are already having a huge impact on the service and its delivery. Lucy Buis Manager of the service announced, "In the first few months of both new staff starting I have had some really positive feedback from clients, which is so important as that is what the service is about – making people feel safe and comfortable in their own home." Some of the comments include: '... very impressed with the work and attitude, also the costs were very reasonable.' 'Service was magic - kitchen left clean and rubbish taken away, a great job....can you leave him at my home for a week!' 'Could not wish for a better

service – very polite and helpful.'

The Small Repair Service, which was established in 2003 is a non-profit service that supports older people, people with a disability or in receipt of income support, council tax benefit or pension credit to carry out minor repairs or adaptations in their homes at a reasonable cost. The service covers **New Forest and Test Valley**.

For more information contact Lucy Buis, Home Improvement Agency Manager, Community First New Forest on 01425 482773 or hia.manager@cfnf.org.uk



Left to Right—Geoff Fagan and Sue Perrin from Community First New Forest's Small Repair Service.

Home Support Service

Clients and what we can do to help

Community First supplies carers with the right training and expertise to provide personal care and day to day support to those with a wide range of conditions and problems. Some clients have debilitating illnesses which mean they are

unable to undertake the everyday tasks they once managed without difficulty and now require assistance. We are able to help, thus enabling them to maintain dignity and enjoy life again, preventing what could so easily be a downward spiral of worry and despair. Clients and their families frequently tell us that since the carers have been going in "life has become so much easier" and they are able to make the most of the abilities they have.

Among the tasks that we are able to help with include:

- Personal care and assistance with medication
- Shopping
- Light housework
- Companionship
- Transport to GP appointments etc
- Visits to the local amenities

We can also offer one off visits to help with:

- Sudden illness of the client or their normal care
- Day time companionship if the family or carer needs to go out
- Evening or overnight cover

Care Staff

Our carers continue to undertake their NVQ 2 & 3 qualifications which are now called diplomas. We are aiming for 90% of our carers to either have, or to be working towards, these diplomas by the end of 2012. This is an ambitious aim but one which we feel will ensure that staff have the necessary skills and knowledge to provide an understanding and an awareness of all that is needed when working in this field and we hope that the quality of their care will be enhanced. We have recently recruited a member of staff who is a trained and authorized Moving &

Handling trainer. This will greatly help in the training of staff "in house". Training, alongside robust supervision of staff, is the most essential part of the support we can offer.

Bathing Service at Barfields

I am delighted to report that at last I have received a number of inquiries about this service based at Barfields Court in Lymington. We provide the carer to help you have a luxurious bath! This bath (similar to those found in many hospitals), is accessed from the side and is able to tilt you back or sit you up whichever you prefer and also has a Jacuzzi button that can be used! It really is an all singing, all dancing piece of equipment. For more information **please ring the Home Support Service on 023 80 667080.**

Plans for the Queen's Diamond Jubilee 2012

Hampshire County Council is keen to publicise what communities across Hampshire are doing to celebrate the Queen's Diamond Jubilee. Marking 60 years of the Queen's reign the celebrations will culminate in an extended holiday weekend from 2nd to 5th June 2012. HCC has

developed a special website www.hants.gov.uk/diamondjubilee where individuals and organisations can post details of events they are planning that show up on our popular events calendar. It's easy to find - just go to www.hants.gov.uk/submitement on a special Diamond Jubilee category.



Search for Hampshire's 'Diamond' Volunteers

The Lord-Lieutenant of Hampshire, Dame Mary Fagan, has drawn together representatives from many organisations, charities and public bodies in Hampshire to encourage them to organise Hampshire-wide events to commemorate the Queen's Diamond Jubilee in 2012. At the moment she is looking for people who have a 'diamond' history of 60 years of volunteering as she would like them to take part in a Service of Thanksgiving in Winchester Cathedral on 27 May 2012. If you are aware of organisations with individuals who have a 60 year history of volunteering you might wish to get them to nominate someone at www.hants.gov.uk/diamondvolunteers

Proposed Changes to Library Opening Times

Hampshire's Library Service has to make savings of £450,000 in response to budget cuts in 2012/13 and beyond. The only way HCC believe they can do this is to reduce library opening hours in a consistent way across Hampshire. A key library has been identified in each district council area. This library will be a central hub, offering the widest range of services to the community for the longest hours. The other libraries in each district have been designated as large, medium, small or neighbourhood. Each designation has a minimum number of opening hours and all will be closed at least one day a week. To see the changes for each individual Library go to <http://www3.hants.gov.uk/library/libraries-openinghours.htm>.

Hampshire Interfaith Network Calendar



The 2012 Hampshire Interfaith Network calendar entitled 'Creations' has been printed and is now on sale.

This calendar features designs from primary and secondary school children and young people from across Hampshire, with each design relating to one of the 100+ religious festivals and events featured in the calendar from the nine faith groups represented.

If you would like to order copies, contact Amjid Jabbar, Equality & Access Officer on 01962 846034 or email amjid.jabbar@hants.gov.uk
Source: BVS Newsletter Issue 61, 28 December 2011

New Volunteer Centre Co-ordinator!



Sarah Suddrey has been appointed as Volunteer Centre Co-ordinator for the New Forest. As part of her role she will be working across the New Forest helping individuals to start volunteering and assisting organisations to offer volunteer placements.

Sarah aims to promote and develop excellent volunteering opportunities, enable participation in volunteering and offer advice and guidance to local organisations. She has a background in volunteer management and advice and guidance and is passionate about helping people move forward in their lives, through volunteering.


Sarah has seen first hand the difference volunteering can make in someone's life and is particularly interested in helping people with additional needs and challenges. She hopes to be able to engage more people into volunteering across the New Forest and see the benefits not only for the individuals and organisations but also for the wider community.

If you would like to speak to Sarah about becoming a volunteer or if you are an organisation wishing to recruit more volunteers please contact her on 01425 482773 or email vol.bureau@cnf.org.uk.

Volunteer Fair March 2012

The New Forest National Park Authority in partnership with Community First New Forest is holding its annual Volunteer Fair next March.

Is your organisation looking for new volunteers? If so come along to our fair taking place at Lyndhurst Community Centre on Saturday 3 March 2012. We will be publicising this event far and wide as a place where people interested in volunteering can find out more about the benefits volunteering can bring. We are also keen to give people a chance to try out activities and attend demonstrations during the event. We will have indoor and outdoor demonstration / activity space. For more information about this event please ring Sarah Suddrey on 01425 482773 or email vol.bureau@cnf.org.uk



The poster features the New Forest National Park Authority logo at the top left. The main text reads: 'New Forest National Park Volunteer Fair 2012', 'Lyndhurst Community Centre', and 'Saturday 3 March, 10.30am - 4pm'. Below the text is a photograph of a group of people in outdoor gear standing in a wooded area. Three circular callouts are overlaid on the image: 'Meet people and get outdoors', 'Discover your passion', and 'Learn new skills'. The bottom of the poster has a decorative wavy line and a small inset photo of people at a table.

Find out how you can get involved with different groups volunteering in the New Forest
www.newforestnpa.gov.uk
Telephone: 01590 646600 Email: events@newforestnpa.gov.uk

New Milton Tesco supports Community First!



Tesco New Milton has awarded Community First £200 to go towards its annual Volunteer Recognition Event.

This event is to acknowledge and value the remarkable contribution that is made by many people who give their time freely across the New Forest. It hopes to highlight the importance of volunteering and the diverse ways volunteers help their communities.

The event will be held in early 2012. If are interested in attending or have volunteers you would like to nominate for an award please contact the Volunteer Centre Co-ordinator Sarah Suddrey on 01425 482773 or email vol.bureau@cfnf.org.uk

Work Programme prime contractors trying to use Volunteer Centres for free

In a recent development, it seems that some Work Programme providers have been referring

their clients to Volunteer Centres without any prior approach or formal relationship in place. Others have approached Volunteer Centres, but have been unprepared to enter into a formal agreement to pay for their services.

Volunteering England raised the issue with DWP minister, Chris Grayling, who has responded saying that providers and their subcontractors "should not be approaching voluntary organisations if they have not entered into, or are intending to enter into, an agreement with them and they are outside the supply chain." <http://tinyurl.com/d3tfhh2>

Policybite – an update on policy issues
Bulletin No 47, 14 November 2011

TRAIN TO BE A MEDIATOR

Unresolved conflict has consequences...

- ...eats into valuable time & resources.
- ...causes low morale as it ripples out to include other people.
- ...could lead to unnecessary legal expenses.

Open College Network (OCN) Level 3
Accredited Mediation Skills course



06/07 13/14 21/22 March 2012
Further dates on our website

Who should attend:

- Managers handling conflict in the workplace
- Family practitioners working with young people
- A starting point for a career as an inter-family, community or workplace mediator
- Employees working in a restorative justice setting

3 modules in just 6 days, that can be spread over 12 months if needed.

£500 + VAT for commercial applicants
£300 + VAT for private individuals

NFS Mediation also provides

- independent workplace mediation
- train staff to be in-house mediators
- Nationally recognised mediation skills training
- ½ day bite-size skills training
- tailor made training

We won't be beaten on price, are effective, efficient and a not-for-profit charity



To discuss how mediation or mediation skills could help your company
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Foyle Foundation - Small Grants

The Foyle Foundation Small Grants Scheme is designed to support smaller charities in the UK, especially those working at grass roots and local community level, in any field, across a wide range of activities.

Applications are welcomed from charities that have an annual turnover of less than £100,000 per annum. They plan to make one year grants of between £1,000 and £10,000 to charities which can demonstrate that the grant will make a significant difference to their work.

There are no deadlines for submission. Applications will be received at all times but it may take up to four months to obtain a decision from Trustees. All applications will be acknowledged but in order to reduce administration, usually they will not send letters of decline.

The Foyle Foundation, Rugby Chambers, 2 Rugby Street, London WC1N 3QU. <http://www.foylefoundation.org.uk/small-grants-scheme/>

Garfield Weston Foundation

The Foundation only considers applications from UK registered charities.

Consideration for applications is given to:

- The financial viability of the organisation:
- The degree of need for the project requiring funding.
- The amount spent on administration and fundraising as compared to the charitable activities.
- The ability to raise sufficient funding to meet

the appeal target.

- Whether the organisation has appropriate priorities and plans in place to manage its activities.

There are no formal deadlines for submitting applications and organisations should allow approximately four months for a final outcome. Garfield Weston Foundation, Weston Centre, 10 Grosvenor Street, London W1K 4QY Tel: 020 7399 6565 <http://www.garfieldweston.org/>

Mark Leonard Trust

The trustees' grant-making focuses on:

- Environmental education in the UK, particularly projects finding practical ways of involving children and young adults;
- sustainable agriculture and bio-diversity and sustainable transport
- energy efficiency and renewable energy.
- Youth work that supports the rehabilitation of young people involved in anti-social or criminal activities, and helps remove the barriers to social inclusion.

The Sainsbury Family Charitable Trusts, Allington House (1st Floor), 150 Victoria Street, London SW1E 5AE

Co-operative Community Fund

Community Fund grants, between £100 and £2,000 are awarded to community, voluntary, or self-help groups to run projects that meet the following criteria.

To be successful, a group must:

- Carry out positive work in the community and a project must:

- address a community issue
- provide a good long-term benefit to the community
- support co-operative values and principles and ideally be innovative in its approach.

Email community.fund@co-operative.coop
For more detailed guidance, eligibility criteria and to apply please visit:-
<http://www.co-operative.coop/membership/local-communities/community-fund>

Community First New Forest

If you require help with sourcing funding for your project then please contact us and we will conduct a search on your behalf. Alternatively, if you would like to discuss any funding ideas then we will arrange an appointment to discuss the options.

Please call Debbie Grace on 01425 482773 or email debbie.grace@cnf.org.uk

Farming and Forestry Improvement Scheme (FFIS)

FFIS is part of the Rural Development Programme for England (RDPE) and is a scheme of support, developed to help farming, forestry and horticultural businesses in England to become more efficient at using resources. This scheme aims to help make your business more profitable and resilient whilst reducing the impact of farming on the environment.

To be eligible for funding under FFIS the project must fall within one of the following key areas of activity:

Nutrient Management

Improvements in use of farm manures and

slurries so as to improve soil quality and reduce reliance on artificial fertilizer. Eligible items include slurry injectors, mechanical slurry separation systems and Global Positioning Systems.

Energy Efficiency

Projects to reduce or recover energy on farm, resulting in a reduction of farm energy bills and carbon dioxide emissions. Eligible items include heat exchangers, gel coolers and ice builders.

Water Resource Management

Rainwater harvesting, recycling and reuse systems to reduce reliance on mains water. Eligible items include pipework specifically to intercept and divert roof water to a storage Facility and rainwater harvesting equipment.

Animal Health and Welfare

Projects which bring about significant improvements in farm animal health and welfare.

Forestry

Projects which improve the economic value of forests through the efficiencies of improved processing and adding value. Eligible items include timber processors, forwarders, forestry trailers, tractor mounted forestry grabs.

Who can apply?

Farmers, foresters, contractors and horticulturalists across England.

How to apply

You will need to read the full guidance and complete the application forms available on the RDPE Network website. If you wish to discuss your proposal before completing the forms or if the item you are applying for is not listed in the guidance then please contact your local Defra

RDPE delivery team. If you are applying for equipment under Animal Health and Welfare then you will need to submit a Farm Health Plan. Please discuss this with your local Defra RDPE delivery team as there may be funding available for this in your area.

Key Information

- Forms may only be submitted within the application round dates.
- The selection process for FFIS is competitive and applications will be appraised against one another for the funds available. This means that there is no guarantee of success and not all projects which are eligible will be awarded a grant.
- You must not commit to buying any equipment which is specifically related to this grant application until an Offer Letter has been received.
- Grant is paid in arrears so you will need to demonstrate that you have the ability to bankroll the whole project until such point as the grant is paid to you.

How much funding is available?

There is £20m available under FFIS until 2013. The grants are for capital items and the grant rate available is up to 40% in non-upland areas and up to 50% in upland areas. The maximum grant allowable per applicant business is £25,000. The minimum grant per application is £2,500.

Tel. 01932 357083 or email rdpedeliverysoutheast@defra.gsi.gov.uk, <http://rdpenetwork.defra.gov.uk/funding-sources/farm-and-forestry-improvements-scheme>

Learning from Unsuccessful Grant Applications

Guidelines on how charities can learn from unsuccessful grant applications has been published by the Centre for Charity Effectiveness at Cass Business School at http://www.cass.city.ac.uk/__data/assets/pdf_file/0008/103679/PromisingPractice_Complete_Electronic.pdf

Training

About our courses

Community First New Forest offers training sessions to its members, community groups and organisations, as well as individuals. In most cases there will be a charge for the training, but as a member you will be offered a reduced rate.

After going on training we can sign post on to further training or development opportunities if you wish. We are always interested to hear of new courses or arrange different subjects to be introduced to the programme. Training may be on an informal basis, for example, a one to one session, or can be for up to a hundred people at one time. If we cannot provide the training you ask for we can normally direct you to the right place that can provide what you are looking for. All our courses are held at Lyndhurst Community Centre, SO43 7NY.

How to book

Bookings can be made via our website www.cfnf.org.uk or by contacting our Community Development Team on 01425 482773 or email debbie.grace@cfnf.org.uk



Report Writing

Tuesday 24 January 2012

10am-12.30pm

Learn tips on how to present your reports.

Cost: £35 members £40 non members

First Aid Appointed Person

Monday 6th February 2012

9am-4.30pm

Accredited course for small groups or individuals.

Cost: £50 members £55 non members

Finance Workshop

Thursday 9 February 2012

10am-12.30pm

A workshop on finance for groups and charities

Cost: £40 members £45 non members

Human Resources Clinic

Thursday 15 March 2012

9.30am-12.30pm

Advice on hiring, firing and related issues.

Cost: £15 members £30 non members

Time Management

Thursday 26 April 2012

10am-12.30pm

A workshop on how to save and make time for your busy schedule.

Cost: £35 members £40 non members

First Aid

Wednesday 16 May 2012

9am-4.30pm

Accredited course for small low risk organisations.

Cost: £50 members £65 non members

Funding Workshop

Wednesday 13 June 2012

10am-12.30pm

A workshop on sources of funding and how to make applications.

Cost: £35 members £40 non members

Insurance Workshop

Wednesday 4 July 2012

10am-12.30pm

Learn all you need to know about insurance for your group.

Cost: £30 members £40 non members

Midas training

Both new driver and refresher training available.

MiDAS dates for 2012—

12 January, 8 February, 8 March

12 April, 10 May, 14 June

12 July, 9 August, 13 September

11 October, 8 November, 13 December

Courses will be held at Ashley Baptist Church Hall,
3 Lower Ashley Rd, New Milton BH25 5AA

Tel. 01425 482773 or visit www.cfnf.org.

COMMUNITY TRANSPORT

Transport solutions for the
New Forest including Call & Go,
Wheels 2 Work moped loan scheme, minibus hire
and MiDAS training. Volunteers always needed.

Email: transport@cfnf.org.uk

Booking Line: 0845 6024326

COMMUNITY DEVELOPMENT

Community development supports and promotes the
development of an effective and sustainable voluntary
and community sector. We can visit you, provide
one-to-one support, offer funding advice and offer help in
identifying training needs and where to access training.

Tel: 01425 482773

Email: cdmanager@cfnf.org.uk

HOME SUPPORT SERVICE

Offers personal care and additional support
(shopping/outgoings/domestic help) to older people and
adults with physical disabilities living in their own homes.

Tel: 023 8066 7080

Email: homesupportmanager@cfnf.org.uk

HOME IMPROVEMENT AGENCY

A non-profit agency which helps the elderly, the
disabled and those living on a low income, to remain
independent in their own homes.

Repairs • Funding • Adaptations • Improvements
Help in finding a suitable contractor

For further details or a friendly chat to see if we can
help, please phone 01425 478005.

Email: hiamanager@cfnf.org.uk

SMALL REPAIRS SERVICE

A handy person service for older people, people with a
disability or those on low incomes

- Minor repairs or adaptations in homes at reasonable cost
- Reliable, professional, supportive
- Allowing peace of mind, continued safety and
independence in the home

Email: hia.admin@cfnf.org.uk

Tel: 01425 478005

Nightstop

We provide temporary accommodation for homeless
young people. Nightstop has a team of trained
volunteers who provide a room and meals for
between 1-5 nights. Agencies (not young people
themselves) can ring the Co-ordinator who will
contact host families to request their help. Nightstop
also has a team of drivers and support volunteers.

Tel: 01425 478391

Email: nightstop@cfnf.org.uk

Volunteer Centre

At the Volunteer Centre we promote and support
volunteering. The VC recruits potential volunteers from
all sectors of the community and seeks to place them
with voluntary organisations who are actively
looking for volunteers to assist with their work.

We also offer advice, information and training to
voluntary groups using or considering using volunteers.

Tel: 01425 482773

Email: vol.bureau@cfnf.org.uk

Community First New Forest

our mission

We are a not-for-profit umbrella organisation which supports and promotes the sustainable development of the local voluntary and community sector. By building relationships, fostering partnerships and delivering quality services we aim to improve quality of life and assist in the development of diverse, strong communities primarily in the New Forest district. We work towards removing barriers to social inclusion by working with communities and individuals who may be socially disadvantaged, vulnerable and isolated.

Independent **Caring** Reliable **Inclusive**
Flexible Creative **Professional** Evolving
Passionate Learning Con□dent **Partners**
Equality **Ambitious Community** Dedicated
Challenges **Dynamic**

Public Offices, 65 Christchurch Road, Ringwood, Hampshire BH24 1DH
Registered charity no. 1068964 Registered company no. 3483827

